Personal

Name																			
Beaver's choice																			
Leader's choice																			
Complete																			
Awarded																			

Here are some example challenges to help you think about what you could do. You don't have to pick a challenge from this list, you should choose to do something which is personal to you.

- Look after a new Beaver for half a term
- Talk about a topic you are interested in with an adult you don't know very well
- Bring your scarf to Beavers every week for a term
- Remember to brush your teeth twice a day for two weeks
- Show good behaviour at Beavers for 3 weeks in a row
- Try something new that you are a bit nervous about
- Go to a District fun day and talk to some other Beavers you don't know
- Try all of the food on Beaver sleepover
- Remember to feed your pet every morning for a week

To complete this award Beavers should discuss possible personal challenges with their Leader or a Young Leader. It may also be helpful to discuss them with the Beaver's parents.

The emphasis is on the young person having some ownership of this. One of the challenges should be primarily the Beaver's choice, and one the Leader's Choice.

Challenges should be individual, part of 'growing up' and require some kind of personal commitment. For example a shy Beaver's challenge could be to look after a new Beaver for half a term or to talk about a subject with a leader that they don't know; or a forgetful Beaver's challenge could be to remember to bring their scarf every week for a term or to brush their teeth at least twice a day.

Beavers should agree their two challenges before they start working on them, and it is recommended that the Personal Challenge Award should be completed towards the end of their time in the section before moving onto Cubs.